**Providing Services to Promote Healthy Aging, Well-being, and Independence**

Health and social support for vulnerable adults and adults with dementia or other disabilities enabling participants to remain living at home instead of a nursing facility. The program helps the whole person with a range of daytime care services that support participants mentally and physically. It offers a safe and friendly environment for social interaction with supervised activities and nutritious meals. At the same time, our skilled staff act as health care liaisons, providing a multi-disciplinary assessment, individualized plan of care, nursing care and person centered activities. It stresses partnership with the participant, family and/or caregiver, primary physician and community.

**Adult Day Health Care (ADHC)** is a licensed community-based day health care program providing services to older persons and adults with chronic medical, cognitive, disabilities, or mental health conditions such as stroke, diabetes, Parkinson’s disease, dementia, or depression, and are at risk of needing institutional care. Individuals may pay privately for ADHC services. Services may also be covered by third party payers such as long term insurance or Regional Center.

**Community-Based Adult Services (CBAS)** provides the same services with its ADHC license to Medi-Cal beneficiaries as a Medi-Cal managed care benefit. An inquiry can be made by the member, the member’s family or advocate, or the member’s physician to find out if they qualify and can begin the assessment process. Days of attendance are based on the medical and social needs of the individual and subject to approval by a Medi-Cal managed care provider, i.e., CalOptima, Care 1st, HealthNet or Kaiser.

Both programs offer the following services: (4 hour minimum is required between the hours of 9am – 3pm)

- Nursing Services and Medication Management
- Nutritional Meal Program
- Occupational Therapy
- Physical Therapy
- Therapeutic Recreational Activities
- Social Services including Counseling
- Transportation To and From Center

*Contact the Acacia Social Work Department to begin the enrollment process at 714-530-1566.*

Acacia is a qualified center and meets all quality and safety standards for contracted providers.